



JAMESTOWN YMCA INVITATIONAL

Saturday, January 16, 2010

- Location:** **Jamestown High School Pool**
350 E 2nd St. Jamestown, New York 14701 New Location
- Arrival Time:** ***Morning Warm up for 6 & Under, Midget, and Cadets***
GIRLS: 7:30 – 7:55 am Scratch Meeting: 8:00 am Coaches' Lounge
BOYS: 7:55 – 8:25 am Meet Starts: 8:30 am
- Afternoon Warm up for Preps, Juniors and Seniors***
30 minutes after completion of morning events, but not earlier than 12:30pm
- GIRLS: 12:30 – 12:55 pm Scratch Meeting: 1:05 pm Coaches' Lounge
BOYS: 1:00 – 1:25 pm Meet Starts: 1:30 pm
- Facilities:** 25-yard 6-lane competition pool; all events from starting blocks
- Meet Director:** Maria Roehmholdt
- Entries:** Each swimmer may enter an unlimited number of events. Age as of December 1st 2009 will determine the age group for the swimmer. Athletes must be full privilege YMCA member for the team they are representing. No refunds for scratches. All relays may be mixed boy/girl within age groups. No paper entries will be accepted. Hy-Tek file and all forms are located at <http://www.jamestownymca.org/jets.htm>
- Fee:** Individual Events: \$3.00 per swimmer per event Relays: \$12 per event
Make team check payable to: **Jamestown YMCA Jets Swim Team**
NO FAXES WILL BE ACCAPTED AT THE JAMESTOWN YMCA
- Deadline:** All entries are due in Hy-Tek format by noon on January 11, 2010. Entry reports will be emailed after 5pm on January 11, 2010. Corrections and/or changes due back by noon on January 12, 2010.
NO ENTERIES WILL BE ACCPTED AFTER NOON ON JANUARY 12, 2010.
Email Entries to: jchinni@jamestownymca.org
- Awards:** **Individual Events:** Trophies for 1st through 6th place, Ribbons for 7th through 18th place; 500s are excluded from individual awards and from high point
Relays: Medals for 1st through 3rd place team members, Ribbons for 4th through 6th place
Team Plaques will be awarded to the 1st, 2nd, and 3rd place teams (host team excluded)
Participants Awards will be awarded to all swimmers
Heat Winner Ribbons will be awarded for each a.m./p.m. heat
High Point Trophies will be awarded to all age groups
- Scoring:** USA Swimming scoring rules followed for individual events and relays.
Timing with Colorado Touch Pad System 5.
- Discipline:** YMCA Code of Ethics will be upheld throughout the meet for all participants.

A nutritious breakfast and lunch fare will be available throughout the meet in the cafeteria. Please bring your blankets /sleeping bags for your swimmer's comfort in the staging area. Meet programs, raffles, swimming gear will be available for purchase. A coaches' lounge will be provided!